Welcome
The First Year
Partnering with Penn State
Key Dates and Academic Calendar
New Student Arrival Checklist
Abington Campus Resources
Dear Parents and Family Members:

Penn State Abington faculty and staff share a common goal with you, the loved ones of our students: We want a successful and rewarding educational experience for your student, although we approach this goal from different perspectives.

Most students are experiencing complex and sweeping developmental changes just as they are separating from their home base. Your student needs your support and understanding, but they also require the space to develop autonomy. They are in the process of learning to manage their life, succeeding and sometimes failing on their own.

You can honor their adulthood and privacy while remaining connected. Talk with your student about challenges they may face in college but expect them to be responsible for keeping you and our faculty and staff appropriately informed. Trust that your years of influence will make a difference even as they move toward independence.

At Abington, inclusive excellence is one of the most critical supports we provide to students. We honor group and social diversity as well as individual differences such as personality, learning styles, and life experiences. Your student will come to value new perspectives and create an environment that supports and encourages their personal growth and progress.

To support you during this transition, the Penn State Abington Office of Student Success shares information specific to our campus through the Penn State Parent and Family Experience. If you have not done so, please sign up at psu.campusesp.com for access to important campus news, deadlines, alerts, and updates.

Best,

Margo DelliCarpini, Ph.D.
Chancellor, Penn State Abington

Gina D’Amato-Kaufman
Director of Student Affairs, Penn State Abington

INTEGRITY
We act with integrity and honesty in accordance with the highest academic, professional, and ethical standards.

RESPECT
We respect and honor the dignity of each person, embrace civil discourse, and foster a diverse and inclusive community.

RESPONSIBILITY
We act responsibly, and we are accountable for our decisions, actions, and their consequences.

DISCOVERY
We seek and create new knowledge and understanding, and foster creativity and innovation, for the benefit of our communities, society, and the environment.

EXCELLENCE
We strive for excellence in all our endeavors as individuals, an institution, and a leader in higher education.

COMMUNITY
We work together for the betterment of our University, the communities we serve, and the world.
YOUR STUDENT'S FIRST YEAR OF COLLEGE IS A TRANSITION FOR THE ENTIRE FAMILY.
At Penn State, we use the First-Year Learning Outcomes (PG 8) to guide our work to support new students in this transition. New Student Orientation will introduce you and your student to the tools and resources that will help to set them up for success.

Parents and family members are a critical part of the support network for students. We hope this guide will serve as a resource to help you navigate the first year and beyond.

UNDERSTANDING THE FIRST YEAR
Your student’s first year of college may be emotional for both you and your student. Families who understand the cycle of the academic year can better help their student navigate important decisions and challenges.

THE FIRST WEEKS: A NEW WORLD
Students are experiencing college life for the first time. They are excited to explore many opportunities and are trying to make connections with other students, staff, and faculty. Students may be:

- Excited, yet apprehensive
- Exploring new freedoms
- Learning to manage new responsibilities
- Feeling homesick and lonely
- Trying to find their place socially
- Anxious about new academic challenges

MID-SEMESTER: REALITY CHECK
Classes are in full swing. Early assignments and exams have been returned and students may be surprised (either pleasantly or unpleasantly) by their grades. Students start to realize that friends from the first few weeks may or may not stick around. The roommate honeymoon may end. Students may be:

- Questioning academic abilities and choices
- Adjusting study habits, learning styles, and time management skills
- Wondering if they fit in socially
- Seeking additional opportunities to become involved
- Dealing with consequences of poor decision-making
- Selecting appropriate courses for next semester
- Thinking about living arrangements and roommates for the next year

END OF THE FIRST SEMESTER:
INFORMATION & STRESS OVERLOAD
Students are sorting out how to approach their first final exam period as the first semester winds down. The realization that academic work in college is much harder than high school has set in for many. For those who have procrastinated or stumbled in the early months, the pressure is now a reality. Students who are working or have joined various student organizations may have increased end-of-semester commitments. Students may be:

- Anxious about preparing for final exams
- Finding it more difficult to get along with their roommate
- Overwhelmed by their commitments
- Questioning their decision to attend college
- Excited or apprehensive to head home for break

HOME FOR BREAK: NEW EXPECTATIONS
The first long break is welcomed by most students (and families) and they are usually eager to return home. They look forward to the comforts of home, privacy, reconnecting with friends, and some much needed rest. Tensions over curfews and family expectations can happen at this time. Communicating expectations in advance and keeping a sense of humor can help families enjoy this longer visit home.

SECOND SEMESTER: A NEW BEGINNING
While a new semester is a fresh start, it is also heavily influenced by the experience students had their first semester and over the break. Some students will enjoy being home and reconnecting with their families and friends, which may make it harder to return, while others experience challenges at home that make them excited about being back on campus. Other elements like first semester grades and confidence in the friendships they established the last term, also influence their excitement or apprehension about the start of the new semester. During their second semester students may be:

- Feeling a renewed interest in opportunities to make friends
- Getting more involved in cocurricular activities
- Finding a better balance between academic, cocurricular, and social commitments
- Thinking about living arrangements and roommates for the next year
- Contemplating their academic interests, strengths, and choice of major
- Exploring internships and opportunities for summer break

We recognize and appreciate the important role that you have played in the life of your student prior to arriving at Penn State. We want this role to continue by cultivating an effective partnership during your student’s college career even as your role changes to that of a coach or mentor.

Your Student’s Responsibility
At Penn State, we expect our students to:

- Become increasingly responsible for their actions including their academic and social decisions
- Take the lead in solving their problems
- Abide by community standards
- Explore the educational opportunities available, select a major in which they will succeed and enjoy, and put forth their best efforts in the classroom
- Take advantage of the tremendous array of opportunities outside of class by choosing meaningful ways to become active citizens on campus and in the broader community
- Embrace opportunities to experience, interact with, and learn from the broad diversity of people in the Penn State community

Penn State’s Role
Penn State aims to:

- Be a student-centered research university
- Have faculty, staff, and administrators that strive to support our students both in and out of class
- Provide the necessary resources and support services to enhance student success
- Provide a safe, healthy community for students to live, learn, and grow academically and socially
- Take an active role in meeting this goal through general outreach and communication to our parents and family members

Your Role
Many incoming college students see their family members as trusted coaches and sources of support, which is not likely to change when they begin their Penn State career. Students need you to support their growth, development, independence, and to also be a stable force in their ever-changing world.

- **Support Student Autonomy**
  Young adulthood is a time when your relationship changes from an adult-child relationship to an adult-adult relationship. Support your student’s autonomy by actively redefining your relationship, relinquishing unnecessary control, and encouraging personal responsibility and problem-solving. When a problem arises, move like your feet are stuck in molasses and allow your student time to learn how to fix their own problems.

- **Stay Connected**
  Expect that your student will not respond to all of your contacts whether by phone/text, email, or even “snail” mail, but know that they appreciate hearing from you.

- **Embrace Exploration**
  Your student is experiencing new viewpoints and perspectives that may challenge prior belief systems. Allow them to explore ideas without being judgmental. Understand that changes in viewpoints, behavior, dress, eating and sleeping habits, and relationships with family members are all to be expected. However, if you suspect that some of these changes may be signs of bigger problems, trust your instincts. Your student may need you to refer them to the appropriate resources described in this guide for help.

- **Be Knowledgeable about Campus Resources**
  Utilize the resources available in this guide, campus website, and email newsletters. By acting as a referral source for your student, you can demonstrate that you are interested in your student’s life at the University, and at the same time, empower your student to explore resources and solve their problems.

- **Continue Difficult Conversations**
  You still have an influence on your student’s behavior. In college, your student will have to make their own decisions about what time to get up in the morning, when to study, when to exercise, which organizations to join, what to eat, whether or not to drink alcohol, and whether or not to engage in romantic relationships. Although you cannot force your student to behave as you would want them to, parents can create an atmosphere of open communication by listening and sharing family expectations.

- **Recognize the Challenges**
  The first year of college can be full of indecision, insecurities, disappointments, and, most of all, mistakes. It’s also full of discovery, inspiration, good times, and exciting people. The reality is that there are times in college when your student might experience all of the above, which is normal and to be expected.

- **Welcome Change**
  Your student will change, and so will you. College and the experiences associated with it can effect changes in social, vocational, and personal behavior. These changes are natural and inevitable. They can also be inspiring or challenging. You can’t stop change and you may never understand it, but you can accept it and support your student’s decisions. Trust your student and trust the job you have done in preparing them to face the future.

The First-Year Learning Outcomes were created to improve student success by increasing academic and social integration into the University. The vision that Penn State has for each student is highlighted in these Learning Outcomes. We hope your student will complete these outcomes by the end of their first year.

In addition to these Learning Outcomes, students will work towards achieving Penn State’s General Education Learning Objectives.

- Understand and meet academic expectations; engage in active learning and use effective time management skills to balance academic work with extra-curricular activities.
- Learn about the value of higher education to both society and to individuals; appreciate the value of the general education curriculum and the worth of lifelong learning and scholarship.
- Be familiar with student services and academic resources on campus; actively use those resources and interact with staff.
- Engage with faculty in and out of the classroom.
- Interact effectively with peers in social settings and through educationally purposeful student activities.
- Refine short-term and long-term academic goals; learn about career management; establish more specific career goals.
- Achieve a higher competency in writing, note-taking, active reading, critical thinking, and quantitative reasoning to be able to master college-level work.
- Expand knowledge of human diversity and cultural competence; effectively interact with others.
- Engage in activities leading to improved personal health and fitness; learn about making responsible decisions in a college environment.

Approved by: The Pennsylvania State University First Year Experience Committee, April 2005.
# KEY DATES 2023-2024 ACADEMIC YEAR

<table>
<thead>
<tr>
<th></th>
<th>Summer Session II 2023</th>
<th>Fall 2023</th>
<th>Spring 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition Bill Arrives (to student’s email account)</td>
<td>Begins Early May</td>
<td>Begins Early August</td>
<td>Begins Early January</td>
</tr>
<tr>
<td>Classes Begin</td>
<td>June 28</td>
<td>August 21</td>
<td>January 8</td>
</tr>
<tr>
<td>Drop Period ¹</td>
<td>June 28 - July 1 at 11:59 p.m. ET</td>
<td>August 21 - 27 at 11:59 p.m. ET</td>
<td>January 8 - 14 at 11:59 p.m. ET</td>
</tr>
<tr>
<td>Add Period ¹</td>
<td>June 28 - July 1 at 11:59 p.m. ET</td>
<td>August 21 - 27 at 11:59 p.m. ET</td>
<td>January 8 - 15 at 11:59 p.m. ET</td>
</tr>
<tr>
<td>Holiday</td>
<td>July 4: No Classes Independence Day</td>
<td>September 4: No Classes Labor Day</td>
<td>January 15: No Classes Martin Luther King Jr. Day</td>
</tr>
<tr>
<td>Semester Break</td>
<td>N/A</td>
<td>November 19 - 25: No Classes Fall Break</td>
<td>March 3 - 9: No Classes Spring Break</td>
</tr>
<tr>
<td>Late Drop Ends ¹</td>
<td>July 31 at 11:59 p.m. ET</td>
<td>November 10 at 11:59 p.m. ET</td>
<td>April 5 at 11:59 p.m. ET</td>
</tr>
<tr>
<td>Withdrawal Deadline</td>
<td>August 9 at 5:00 p.m. ET</td>
<td>December 8 at 5:00 p.m. ET</td>
<td>April 26 at 5:00 p.m. ET</td>
</tr>
<tr>
<td>Classes End</td>
<td>August 9</td>
<td>December 8</td>
<td>April 26</td>
</tr>
<tr>
<td>Study Day(s)</td>
<td>August 10</td>
<td>December 9 - 10</td>
<td>April 27 - 28</td>
</tr>
<tr>
<td>Final Exams</td>
<td>August 11</td>
<td>December 11 - 14</td>
<td>April 29 - May 2</td>
</tr>
<tr>
<td>Commencement</td>
<td>N/A</td>
<td>December 15</td>
<td>May 3</td>
</tr>
</tbody>
</table>

¹ These dates apply to full semester courses
Reminders for Your Student

Completing the New Student Checklist
☐ Remind your student to complete their NSO tasklist at orientation.psu.edu (It contains many helpful things for students to do before, during, and after NSO)

Paying the Tuition Bill (PG 18)
☐ All students must sign the Financial Responsibility Agreement (FRA) in LionPATH prior to enrolling for classes each semester
☐ If you plan to view/or pay your student’s tuition bill, your student needs to grant you Authorized Payer Access in LionPATH
☐ The student and authorized payers on the student account receive an email when tuition statements are ready (Payments are typically due on the 22nd of the month)
☐ To plan for future semesters, please visit tuition.psu.edu (Tuition rates for the academic year are set in mid-July)

Managing Healthcare Information (PG 38)
☐ Students must submit proof of immunizations to University Health Services prior to NSO. Visit studentaffairs.psu.edu/health.
☐ Students must submit proof of adequate insurance in LionPATH
☐ Students without health insurance can purchase the Penn State Student Health Insurance Plan
☐ Make a copy of any insurance and prescription cards for your student to take to school

Preparing for the Semester
☐ View the academic calendar at registrar.psu.edu/academic-calendars
☐ View room assignment and roommate information at eliving.psu.edu
☐ Contact their roommate to make introductions and discuss what to bring
☐ Map out the location of classes at abington.psu.edu/map
☐ Explore purchasing or renting textbooks
☐ Review housing check-in schedule and location, packing checklists, and helpful tips at arrival.psu.edu
☐ Add funds to the LionCash account at idcard.psu.edu
☐ Add cell phone numbers to the PSU Alert system at psualert.psu.edu to receive text and/or voice alerts
☐ If desired, grant parent Delegated Access in LionPATH to view class schedule, grades, etc. (PG 21)

Reminders for Parents and Families
☐ Sign up to receive emails from the Parent & Family Experience portal at psu.campusesp.com

General Topics for Discussion
☐ Encourage your student to participate in campus welcome activities
☐ Discuss campus safety and decisions regarding alcohol and drug use (PG 36)
☐ Discuss time management, study skills, and mutual expectations for staying in touch
☐ Talk about and plan how your student will finance their education
☐ Provide reminder of life skills (including doing laundry, managing bank account, eating well, etc.)
☐ Remind your student to check their Penn State email account frequently
## ABINGTON CAMPUS RESOURCES

<table>
<thead>
<tr>
<th>Department</th>
<th>Website</th>
<th>Phone Number</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advising</td>
<td>abington.psu.edu/advising-center</td>
<td>215-881-7328</td>
<td>15, 16</td>
</tr>
<tr>
<td>Athletics</td>
<td>abingtonsports.com</td>
<td>215-881-7442</td>
<td>25</td>
</tr>
<tr>
<td>Bursar (bills/payments)</td>
<td>abington.psu.edu/bursar</td>
<td>215-881-7324 or 215-881-7325</td>
<td>18, 25</td>
</tr>
<tr>
<td>Career and Professional Development</td>
<td>abington.psu.edu/cpd</td>
<td>215-881-7529</td>
<td>25</td>
</tr>
<tr>
<td>Center for Student Achievement</td>
<td>abington.psu.edu/center-student-achievement</td>
<td>215-881-7538</td>
<td>16</td>
</tr>
<tr>
<td>Counseling and Psychological Services (CAPS)</td>
<td>abington.psu.edu/caps</td>
<td>215-881-7577</td>
<td>25</td>
</tr>
<tr>
<td>Global Programs</td>
<td>abington.psu.edu/global-programs</td>
<td>215-881-7477</td>
<td>--</td>
</tr>
<tr>
<td>Health and Wellness</td>
<td>abington.psu.edu/health-wellness</td>
<td>215-881-7350</td>
<td>25</td>
</tr>
<tr>
<td>Diversity, Equity, and Inclusion</td>
<td>abington.psu.edu/odei</td>
<td>215-881-7501</td>
<td>25</td>
</tr>
<tr>
<td>Online and Information Technology</td>
<td>abington.psu.edu/oit</td>
<td>215-881-7675</td>
<td>23</td>
</tr>
<tr>
<td>Parking, Transportation, and ID Cards</td>
<td>abington.psu.edu/parking-transportation</td>
<td>215-881-7806</td>
<td>22, 26</td>
</tr>
<tr>
<td>Registrar</td>
<td>abington.psu.edu/registrar</td>
<td>215-881-7338</td>
<td>20</td>
</tr>
<tr>
<td>Residence Life</td>
<td>abington.psu.edu/campus-life/residence-halls</td>
<td>215-633-3731</td>
<td>27</td>
</tr>
<tr>
<td>Student Care and Advocacy</td>
<td>abington.psu.edu/campus-life/student-care-advocacy</td>
<td>215-881-7353</td>
<td>25</td>
</tr>
<tr>
<td>Student Aid (financial aid/grants)</td>
<td>abington.psu.edu/financial-aid</td>
<td>215-881-7600</td>
<td>19</td>
</tr>
<tr>
<td>Student Conduct</td>
<td>abington.psu.edu/student-policies</td>
<td>215-881-7880</td>
<td>32</td>
</tr>
<tr>
<td>Student Disability Resources</td>
<td>abington.psu.edu/disability-services</td>
<td>215-881-7962</td>
<td>16</td>
</tr>
<tr>
<td>Student Engagement and Leadership</td>
<td>abington.psu.edu/seal</td>
<td>215-881-7510</td>
<td>25</td>
</tr>
<tr>
<td>Student Success</td>
<td>abington.psu.edu/student-success-office</td>
<td>215-881-7964</td>
<td>16</td>
</tr>
<tr>
<td>University Police and Public Safety</td>
<td>abington.psu.edu/policy</td>
<td>215-881-7575</td>
<td>--</td>
</tr>
</tbody>
</table>

### NO SMOKING POLICY

The University promotes a smoke-free environment. The use of cigarettes, e-cigarettes, cigars, pipes, smokeless tobacco, all nicotine delivery devices and other tobacco products are not permitted on campus, including University housing and commons buildings.

### STAY CONNECTED

#### Penn State

- [Online](psu.edu)
- [Facebook](pennstate)
- [Twitter](PennState)
- [Instagram](pennstate)

#### Campus-Specific Info

- [Online](abington.psu.edu)
- [Facebook](psuabington)
- [Twitter](psuabington)
- [Instagram](psuabington)

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PARENT & FAMILY RESOURCES | 11
> Orientation
> Academic Overview
> General Education Requirements
> Academic Advising
> Grades and GPA-Equivalents
> Resources
ACADEMIC RESOURCES

Student Orientation and Transition Programs

> orientation.psu.edu

Student Orientation and Transition Programs provides programming for new and continuing Penn Staters. Our programs also support the parents and families of new students. We focus on facilitating successful academic, social, and personal transitions to Penn State.

ALEKS Math Assessment

> orientation.psu.edu/testing

The ALEKS Math Assessment evaluates a student’s readiness to take college-level math and science courses. Since these courses are demanding, students need to begin in the course most likely to lead to success. Students will not be permitted to take a course unless they have demonstrated readiness – either through the ALEKS Math Assessment or by completing high school calculus. Students required to complete ALEKS will do so before attending New Student Orientation. Students wishing to retake ALEKS to improve their score may do so by using the learning modules within ALEKS. Students may retake the assessment up to two more times after using the learning modules (for a total of three attempts). Access to ALEKS ends after your student’s first drop-add period.

Students who have completed high school calculus but are concerned about their readiness to succeed in college-level mathematics and science courses are encouraged to take the ALEKS Math Assessment. They can use the additional information to make informed decisions in consultation with an academic adviser.

The beauty of the Penn State system of Commonwealth Campuses is choice. Each campus offers both two and four-year programs. Students may also participate in the 2+2 plan, where they would spend the first two years at one campus and then transition to another Penn State campus to complete the remaining two years. Students have opportunities to explore and determine which campus and major best meets their needs. Students may choose to remain at their starting campus or complete their degree at another Penn State campus, including University Park. Factors that impact this decision may include the size of the campus, location, involvement opportunities, and housing options. Working with academic advisers, faculty, staff, and families, students can create a plan that works, in addition to academic considerations, seamlessly.

The Penn State Degree

The Penn State undergraduate degree includes General Education, major degree requirements, and other academic experiences such as minors, internships, and/or undergraduate research. All three components together help students develop a solid foundation upon which they build a breadth of skills as well as the depth of knowledge in a specific content area.

General Education Requirements

> gened.psu.edu

Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts.

• See PG 14 for the General Education Requirements chart and genedplan.psu.edu

Major Requirements

Requirements differ for each major and in each academic college. Generally, major requirements include prescribed courses that all students in the major take, additional courses that all students choose from a select list, and supporting courses the students choose based on individual interests and goals. Students are encouraged to work with an academic adviser to clearly understand the specific requirements of majors of interest. General Education requirements may be partially incorporated into the requirements of a program. In addition, Associate Degrees (AA or AS), Bachelor of Arts (BA) and Bachelor of Science (BS) degree requirements may differ. Students are encouraged to work with an academic adviser to identify which degree best meets their needs.

Other Requirements

Depending on the college and major, a degree program may also include world language proficiency, internship experience, human diversity courses, and/or electives.

Declaring a Major & Upper Division Campus Choice

The student’s major choice often plays the most prominent role in determining the upper division campus. “Upper division” refers to the third and fourth years. Most students will apply to enter their major in the spring of the second year. Academic advisers and staff at each campus guide students in exploring majors based on the student’s goals and then plan the final two years at a campus where that major can be completed.

Students first become eligible to declare a major upon completion of at least 27.1 credits (typically at the end of two semesters) and achieving a minimum cumulative grade point average of a 2.00 and third-semester standing for entrance. While many majors can be started and completed at the original campus, others require the student to transition to another Commonwealth Campus or to the University Park campus. Therefore, the student’s major decision may drive the upper division campus choice. Learn more at changeofcampus.psu.edu.

At the time a student has successfully completed 43.1 credits (typically at the end of their third semester) the student is eligible for a change of campus for their third year as determined by the major choice. Students will be notified by email when to both declare their major and initiate the change of campus as appropriate.
ACADEMIC OVERVIEW

Administrative Enrollment Controls
> bulletin.psu.edu/admin-enroll-controls

To be eligible for entrance to majors with administrative enrollment controls, students must be enrolled in the college offering the major or in the Division of Undergraduate Studies, be within a designated credit window, have completed the required prerequisite courses, and have the minimum CGPA required for the intended major. Additional requirements may also apply. Students are strongly encouraged to work closely with an academic adviser and to review the specific entrance criteria for intended majors at bulletin.psu.edu.

- Policy P-5: Administrative Enrollment Controls for Undergraduate Majors can be viewed at undergrad.psu.edu/aappm by searching P-5

Dean’s List
> undergrad.psu.edu/aappm

In recognition of academic excellence, selected students are named to the Dean’s List (policy G-8) each semester.

- Undergraduate students only (includes nondegree, degree-seeking provisional and degree)
- Credit load requirement (see policy G-8)
- Semester GPA of 3.50 or higher
- Satisfactory/unsatisfactory and audit courses are not included in the determination of GPA or credit load

Dean’s List notation will appear on the student’s grade report and on the student’s academic record.

GENERAL EDUCATION REQUIREMENTS

Foundations:
Build a basis of effective communication and quantitative literacy

<table>
<thead>
<tr>
<th>Credits</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 units of Quantification (GQ)</td>
<td>C or better required</td>
</tr>
<tr>
<td>9 units of Writing and Speaking (GWS)</td>
<td>Single domain courses only</td>
</tr>
</tbody>
</table>

Breadth:
Practice applying a specific way of constructing knowledge to examine a topic

<table>
<thead>
<tr>
<th>Credits</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 units of Arts (GA)</td>
<td>Single domain courses only</td>
</tr>
<tr>
<td>3 units of Humanities (GH)</td>
<td>Students choose courses outside their initial major prefix for GA, GN, GH, GS</td>
</tr>
<tr>
<td>3 units of Natural Sciences (GN)</td>
<td>Example: ECON major may not select ECON courses; does not apply to GHW</td>
</tr>
<tr>
<td>3 units of Social and Behavioral Sciences (GS)</td>
<td></td>
</tr>
<tr>
<td>3 units of Health and Wellness (GHW)</td>
<td></td>
</tr>
</tbody>
</table>

Integrative Studies:
Practice synthesizing knowledge from different perspectives to examine a topic

<table>
<thead>
<tr>
<th>Credits</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 units of Integrative Studies: Inter-domain (Inter-D)</td>
<td>Select any two Inter-D courses that are not used for major program requirements</td>
</tr>
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</table>

Exploration:
Follow intellectual curiosity to deepen or widen learning

<table>
<thead>
<tr>
<th>Credits</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 units of additional GA, GH, GN, GS, and Inter-domain courses and up to 3 units of World Language. Must include 3 units of GN course which may be Inter-domain.</td>
<td>Students choose courses outside their initial major prefix for GA, GN, GH, GS</td>
</tr>
<tr>
<td></td>
<td>This category may be reduced to reflect courses prescribed by major programs. See details of intended major.</td>
</tr>
<tr>
<td></td>
<td>World Languages course at the 12th credit level of proficiency and beyond that exceed the student’s minimum degree requirements.</td>
</tr>
</tbody>
</table>

DIVISION OF UNDERGRADUATE STUDIES
> dus.psu.edu

The Division of Undergraduate Studies (DUS) enrolls and advises students who are exploring majors in multiple academic colleges. Students choosing from more than one possible major may start in the division and, after exploring and selecting a major/college and meeting eligibility requirements, move into an academic college within their first two years.
Penn State students receive academic advising from primary-role and/or faculty advisers. Students can find their assigned adviser’s contact information in Starfish, the University’s online advising platform, at starfish.psu.edu.

An academic adviser will be assigned between the student’s orientation and the start of classes. If a student does not yet have an assigned adviser, they should contact the advising center for the college in which they are enrolled for advising-related questions.

The list of advising centers can be found at dus.psu.edu/advising-centers.

Academic adviser relationships at Penn State are initiated by students. Students are encouraged to meet with their adviser at least once a semester and as often as needed to successfully plan and manage their academic goals. Students are encouraged to build a relationship with their assigned adviser to help them be intentional about the educational opportunities available.

Academic advisers are prepared to:

- Help students identify and achieve academic goals
- Promote intellectual discovery
- Encourage students to engage in both in- and out-of-class educational opportunities
- Encourage students to become self-directed learners and decision makers

**Academic Integrity**

> Undergrad.psu.edu/aappm/G-9-academic-integrity

Penn State expects students to pursue their academics in an honest and ethical manner. The University takes violations of academic integrity very seriously. Please refer to PG 30 for more information.

**Contacting Instructors**

Students are expected to contact instructors if they have questions or concerns about course content, policies, or academic performance. College instructors are available during their office hours or by appointment. Office hours should be listed on the course syllabus (an outline of the course content, expectations, and grading basis). Family members should not contact instructors or academic advisers directly.

**Syllabus**

A syllabus is a document that summarizes course expectations and should be shared by the instructor on or before the first class meeting. In addition to describing the course and listing goals and objectives, syllabi include information about course grading, exams, attendance expectations and policy, course instructors, and required materials for the class. The syllabus should also state information related to instructions for campus closures, academic integrity, procedures for adjustments identified by the Office of Student Disability Resources, educational equity concerns, and available counseling and psychological services. Students are responsible for reading and understanding the syllabus for each class. Any questions a student has regarding the syllabus should be asked early in the semester so that they have a clear understanding of what is expected in the course by the faculty member. Complete information on the Senate Policy on Syllabi can be found in Senate Policy 43-00 at policy.psu.edu.

**Transferring Credit to Penn State**

A student who does advanced work in secondary school may earn credit through the Advanced Placement (AP) or International Baccalaureate (IB) exams, which are based on college-level study, depending on the grade earned on the exam and the level of the exam taken. A-Level exams completed by international students may also be considered for credit. Penn State students may also transfer credits from courses taken at another higher education institution in order to meet degree requirements.

When awarded, all transfer credits are recorded on the student’s transcript, but no grade is recorded, and the student's grade-point average is not affected. Students should speak with a college adviser regarding the ability to transfer course credit toward their intended degree. Additionally, because there is a lower- and upper-division tuition differential, students should contact the Office of the Bursar (PG 18) for help in determining the potential impact of transfer credits on their tuition.

**Transferring Credit to Penn State**

[A table of Quality of Performance, Grade, and GPA Equivalent]

**Items to Know**

- **SGPA** = Semester Grade-Point Average
- **CGPA** = Cumulative Grade-Point Average
- **Dean’s List** = 3.50 SGPA
- **Minimum Acceptable** = 2.00 CGPA

**Minimal competitive CGPA at application:**

- Undergraduate Internships = 3.00
- Medical School = 3.50
- Law School = 3.33

For more information about medical school or other health professions contact the Eberly College of Science at science.psu.edu/premed.

For more information about law school contact the Division of Undergraduate Studies at dus.psu.edu/prelaw.
ACADEMIC RESOURCES

Academic Advising Center
Staffed by professional advisers who work primarily with students enrolled in the Division of Undergraduate Studies (DUS) who are exploring major options, provisional students, non-degree students, and students who plan to transition to other University programs and campuses.

Center for Student Achievement
Provides free subject tutoring in math and science, writing consultations, and success coaching for all Penn State Abington students.

Student Disability Resources
Reasonable accommodations are available for students with documented disabilities to provide an equal opportunity to attain the same level of performance or to enjoy benefits that are available to students without disabilities.

Student Success
Our goal is to help you move from your first-year early days through your senior year and applaud your accomplishments as you walk across the graduation stage.

Testing Center
The center provides accommodations for students who need additional time on exams as well as select make up examination times for Abington instructors and exam proctoring for World Campus students.
> Tuition
> Student Aid
> Student Records and Privacy
> LionPATH
> ID+ Card
> Technology
Office of the Bursar

> 1600 Woodland Road
> Abington, PA 19001
> 215-881-7324 or 215-881-7325
> bursar.psu.edu

The Office of the Bursar is responsible for maintaining student accounts in reference to acceptance fees, tuition billing, charges, payments, and refunds.

Tuition Statement

Account statements are prepared every month. The due date is indicated on the statement. Billing begins in early August for the fall semester, early January for the spring semester, and May for the summer semester.

Students will receive notification via their Penn State email account* when their statement is available to view/pay in LionPATH. Residence hall charges are included on the statement, if applicable. Paper statements are NOT mailed.

*The Office of the Bursar, as well as other Penn State departments, will communicate important information to students through their Penn State email account. Students should regularly monitor their PSU email account.

Financial Responsibility Agreement

Students must sign a Financial Responsibility Agreement (FRA) before enrolling in classes each semester. The FRA is a student's promise to take responsibility for payment of their account.

Payment Plans

Penn State offers an Installment Payment Plan every semester. Enrollment in the plan allows students/authorized payers to pay the semester charges (tuition, fees, and room and meals, if applicable) over four months in the fall and spring semesters, and three months in the summer. There is a $45 non-refundable enrollment fee per semester, which covers administrative costs. The payments can be made with eCheck or credit card (Visa, MasterCard, Discover, or American Express).

The link to enroll online in the payment plan is available on the student account once the first billing statement for the semester is issued. Students/authorized payers can enroll in the plan online with 1/4 of the balance for fall and spring or 1/3 for summer. Enrolling after the first installment due date will require an initial payment of 1/2 of the balance for fall and spring or 2/3 of the balance for summer (subject to change). Please check the Bursar's website for actual installment dates.

Additional Student Aid

The Anticipated Financial Aid section on a student's tuition statement reflects the most current known available financial aid. Students with scholarships, grants, or loans that are not reflected on their statement should contact the Office of Student Aid (PG 19).

Outside Scholarship Information

Many students will receive scholarships from various organizations, agencies, and foundations as they graduate from high school. For your student's tuition statement to reflect these outside awards, it is important to send the scholarship checks as early as possible to the address below. Checks must be made payable to Penn State and the student (and be signed by the student for processing) or just made payable to Penn State. Please include the student's PSU ID in the memo line.

> Remind your student to:
> 
> > Sign up for eRefunds (direct deposit)
> > Grant online Authorized Payer Access for parents/others (optional) (PG 21)
> > Grant online Delegated Access for parents/others (optional) (PG 21)

Tuition Assessment and Planning

> tuition.psu.edu

Penn State assesses tuition based on the student's campus, college, major, residency classification, credit load, and semester classification. Once an undergraduate student completes 59.1 or more total credits (which include credits earned through advanced placement or transferred from another institution), the student is considered to have obtained Junior/Senior (third/fourth year) status at Penn State. The Board of Trustees approves the tuition and fees for the academic year in mid-July each year.

By law, Penn State representatives can only respond or speak about the student account with the student and individuals designated as an Authorized Payer by the student. Be sure to ask your student to share any pertinent student account information with you or grant you Authorized Payer access to their student account in LionPATH. Learn more about FERPA and student confidentiality on PG 20.

> Office of the Bursar
> Attn: External Awards
> 1600 Woodland Road
> Abington, PA 19001

eRefund

A refund will be issued if there is a credit balance on the student account. eRefund is an electronic deposit of a refund into the student's bank account and the fastest and most convenient delivery of refunds to students. eRefund is only available to students. Parents receive Parent PLUS loan refunds by paper check.
The Office of Student Aid administers major types of federal, state, and University financial aid and coordinates multiple funding sources on behalf of sponsoring agencies. The primary sources of student aid funding at Penn State come from federal and state programs.

**Applying for Aid**

You and your student must complete the Free Application for Federal Student Aid (FAFSA) each academic year for your student to be considered for financial aid, including grants, scholarships, loans, and work-study. The FAFSA is the ONLY application required to be considered for most need-based aid at Penn State. Complete the FAFSA or submit corrections online at studentaid.gov.

Students need to submit the 2023-2024 FAFSA to be considered for aid for fall 2023, spring 2024, and summer 2024. Students who are admitted for summer 2023 also need to submit the 2022-2023 FAFSA by June 30, 2023, if they wish to be considered for aid for summer 2023.

**Student Aid Notification**

Students who submit the FAFSA will receive an email notification from our office with information about the types of aid they are eligible to receive.

**Federal Direct Subsidized and Unsubsidized Loan**

To receive Federal Direct Loans, your student must:

- Submit the FAFSA at studentaid.gov
- Accept the loan in LionPATH
- Sign a Direct Loan Master Promissory Note (MPN) at studentaid.gov
- Complete Entrance Counseling at studentaid.gov

After all the steps above have been completed, the Federal Direct Loan will appear as a credit on the student’s bill.

**Federal Direct Parent PLUS Loan**

The financial aid listed on the Award Summary in LionPATH may not cover all educational costs. As a parent, you may apply for a Federal Direct Parent PLUS Loan. This is a federal loan available only to parents/stepparents of dependent undergraduate students.

**Private Alternative Loans**

If the PLUS loan is not an option for you, your student can seek additional funding from private alternative loans, which typically require a cosigner.

**Scholarships**

All admitted students who submit the FAFSA to Penn State are considered for scholarships awarded by the Office of Student Aid. If your student was awarded a scholarship from the Office of Student Aid, it will be listed on the Award Summary in LionPATH. Some academic colleges, campuses, and administrative units require separate applications.

**Work Study**

All students who submit the FAFSA to Penn State by December 1 and answer “yes” to the federal work study question on the FAFSA are considered for work study. If your student was awarded work study, it will be listed on the Award Summary in LionPATH.

If your student did not receive a work-study, there are many employment opportunities available on campus. For more information visit studentaid.psu.edu/types-of-aid/employment/other.

**Rights and Responsibilities of a Financial Aid Recipient**

As a financial aid recipient, your student must be well informed about their rights and responsibilities. Be sure that your student carefully reviews this important information on our website and understands Penn State’s Satisfactory Academic Progress Standard and what is required of students to remain eligible for student aid.

**FAFSA Verification**

The Office of Student Aid is required by the federal government to confirm the accuracy of the information submitted on the FAFSA, a process known as verification. If students are selected for verification by Penn State, they will be notified by the Office of Student Aid. This notification will include the specific information needed and a due date. Please respond promptly to any requests from the Office of Student Aid for verification documents to avoid a delay in the processing of student aid. Please do not submit any documents unless you or your student receives a request.

> Students should check Penn State email frequently. The Office of Student Aid communicates with students through their Penn State email account. They will also be able to access their student aid information in LionPATH. Be sure to ask your student to share any pertinent student aid information with you or grant you delegated access to their Award Summary in LionPATH.
Student Educational Records

The Federal Family Educational Rights and Privacy Act of 1974, FERPA (also known as the Buckley Amendment), is the federal law that protects the privacy of student education records and identifies the rights with respect to student education records kept by institutions.

Penn State is committed to maintaining the privacy and confidentiality of the student’s Social Security number. The primary student identification number used to conduct University business is the Penn State ID number (known as PSU ID).

Student Rights Under FERPA

Under FERPA, institutions may not release education records, except under certain circumstances, without written consent from the student. This regulation does not apply to information that the University has identified as directory information (e.g. name, address, phone number, major) unless the student has blocked disclosure of such information.

The primary rights of students under FERPA include the rights to:

- Have some control over the disclosure of information from their education records
- Inspect and review their educational records
- Request the amendment of inaccurate or otherwise inappropriate education records

To view a comprehensive list of directory information, visit registrar.psu.edu/confidentiality/directory-information.cfm.

Parent and Family Rights Under FERPA

When a student reaches the age of 18 or begins attending a postsecondary institution, regardless of age, FERPA rights transfer from the parent or guardian to the student. This means that you may not obtain your student’s education records (including end of semester grades) without the written consent of your student. Parents may, with the student’s permission, access their student’s grades and other portions of their student’s education record online through Delegated Access (PG 21) in LionPATH.

Withhold Directory Information

Under FERPA, an institution is permitted to release directory information without written consent from the student. However, a student has the right to prevent this release in one of two ways. The student must complete and sign the Request to Withhold Directory Information form found on the Registrar’s website under Student Forms. The signed form must be taken in person or mailed along with a copy of photo identification to the Registrar’s office. Students with access to LionPATH may complete the request in the following ways:

- Complete and submit the Change Directory Info (FERPA) form in LionPATH
- Upload a clear and valid photo identification to your request
- An email notification will be sent to your student’s official Penn State email account when the withholding of directory information is in effect

Withholding directory information means:

- Student name/address is excluded from the online directory
- Student name will not appear in the commencement program
- Verification of enrollment, graduation or degrees awarded will not be provided to third parties, including potential employers
- No information about the student will be released to any person (including the student) on the telephone or via email

Release Directory Information

If a student later wishes to remove the directory hold, the student must complete and sign the Request to Release Directory Information form found on the Registrar’s website under Student Forms. The signed form may be taken in person or mailed along with a copy of photo identification to the Office of the Registrar.

Enrollment Verification

Insurance companies, financial lenders, or employers may require proof that a student was or is currently enrolled at Penn State. Enrollment verification provides proof of enrollment, graduation, student status, and other related information.

Currently, enrolled students may use the Enrollment Verification under Academic Records in LionPATH Self Service. The student may print an unofficial copy and mail it to the requesting agency, or they may request an official verification, containing the University Registrar’s signature and University seal on security paper, to be mailed to the specified address via first-class U.S. mail within three business days. This function is also available to families through the LionPATH Self Service if their student has granted them Delegated Access.

Because of the volume of requests received, the Registrar is unable to complete agency-supplied verification forms. The official University enrollment verification document can be attached to the original agency-supplied form.

All other parties may contact the National Student Clearinghouse for verification of students’ enrollment and degree information at studentclearinghouse.com.

Leaving the University

Students should carefully consider all the consequences to leaving Penn State before they complete the process. Students should meet with their academic adviser or registrar’s office before making a final decision. There are ramifications for financial aid, loan repayments and health insurance. In addition, there are processes that must be followed when a student determines that they are ready to return to the University. For information about leaving the University and proper processes, visit registrar.psu.edu/enrollment/leaving/index.cfm.
LIONPATH

public.lionpath.psu.edu

LionPATH is Penn State’s student information system. Students use LionPATH to enroll in classes, view financial aid, pay tuition, check grades, submit health insurance information, and more.

You can view your student’s data—such as grades, financial aid, and class schedules—by using Delegated Access. In addition, you can pay tuition by using Authorized Payer Access. Delegated Access and Authorized Payer Access are two separate functions within LionPATH. For more information and to view tutorials, visit lionpathsupport.psu.edu/parent.

Using Delegated Access

For you to access student data in LionPATH, your student must first provide access to you.

Step One:
Providing your student with your email address to receive your activation email. This email will also serve as your login ID.

Step Two:
Once your student has given you access, you will receive an activation email that will contain a login ID, temporary password, and a link for you to log in and view those areas your student has shared.

Note: If you are a Penn State employee or student, the link to view shared information is a different URL than you may normally use to access LionPATH.

- For staff who are students AND use LionPATH in daily work, use lionpath.psu.edu
- For all staff who have been given Delegated Access by their student, use public.lionpath.psu.edu and click on the Delegated Access tab

Delegated Access for Multiple Students

If you have more than one student and both delegate access to you, use the same email address and password to access information shared by each student. The email initiated by the first student will include a temporary password. After you reset your password, emails sent from additional students will not contain a temporary password. When multiple students give you Delegated Access, each is listed when you log in; however, you can only view one student’s data at a time.

View and Pay Tuition Using Authorized Payer Access

Your student can give you access to view the Student Account Statement, make payments, enroll in the Installment Payment Plan, and access IRS Form 1098-T by using Authorized Payer Access. Your student grants you access through the student account in LionPATH. After access is granted, a login ID, temporary password, and login link will be sent to you via email.

Federal law prohibits Penn State representatives from corresponding or speaking about the student’s account with anyone other than the student unless the student has designated the individual as an Authorized Payer.

Authorized Payer Access for Multiple Students

If you have more than one student at Penn State, regardless of campus, you can easily link your students’ accounts. You will receive a separate user ID and temporary password for each student via email once the students grant you Authorized Payer Access.

How to Link Multiple Accounts

- Visit public.lionpath.psu.edu and click on the Authorized Payer Access tab.
- Use your Authorized Payer user ID and password you received via email. You must use the correct user ID and password when accessing each student's account and you must log in at least once to each account to be able to link student's accounts. Once the student accounts are linked you only need to log in to one of the student accounts.
- Navigate to the My Account section on the left side menu of the Student Account Dashboard to manage your account.
- To use Authorized Payer access for multiple students, click on the pencil icon next to the student's name on the Overview section on the left side menu.
- The student's page displays the name of the student you are currently viewing.
- If another student has given you access to view their account, and you have logged in at least once to that student's account, you will see that student's account listed as other students (click the View box to switch to the other student account).

Access to view and pay tuition is provided when your student grants you Authorized Payer Access in LionPATH. Authorized Payer Access is separate and in addition to the Delegated Access that the student grants via LionPATH for academic information.
ID+ CARD

ID+ Office

> idcard.psu.edu

The ID+ Office issues University ID cards and is the central office responsible for the support of all ID card-related services.

ID+ Card

Your student is required by University policy to obtain and carry the Penn State ID+ card at all times. The ID+ card is transferrable between Penn State campuses. The ID+ card is a vital part of life at Penn State, providing easy access to University resources and services, such as library services, access to the residence halls, athletic events, and testing centers. The ID+ card is also the mechanism used for accessing the Campus Meal Plan, LionCash, and (optional) PNC Bank accounts.

Replacing the ID+ Card

If your student's ID+ card has been lost or stolen, your student should immediately deactivate it online. If the card is found before a replacement ID+ card is issued, it may be reactivated online within seven days of being deactivated. For IDs not recovered, a new ID+ card may be obtained at the current replacement fee.

The PNC Bank relationship benefits students and the University. The University receives financial support from its relationship with PNC Bank. Annual financial support from PNC Bank helps to support operating expenses for the ID+ card program as well as other University services. Please direct questions about the University's relationship with PNC Bank to the ID+ Office. Linking your ID+ card to your PNC Bank accounts enables you to use your ID+ card in ATMs only. Your PNC Bank account is a separate account from the Campus Meal Plan and LionCash accounts. Virtual Wallet is a registered trademark of The PNC Financial Services Group, Inc. ©2022 The PNC Financial Services Group, Inc. All rights reserved. PNC Bank, National Association. Member FDIC.
Penn State IT
> it.psu.edu
> 215-881-7675
> abit@psu.edu

The Penn State IT Service Desk provides 24/7 assistance through an extensive online knowledge base, live chat, phone, online request form, or email. Additional IT support information is available at help.psu.edu.

Student Technology Guide
> connecttotech.psu.edu

This comprehensive guide introduces students to the University’s most important Information Technology (IT) resources, such as account management, essential IT tools for learning, technology tutoring, where to store their files, and where to get help creating multimedia projects.

Penn State Accounts
> accounts.psu.edu

A student’s Penn State Account user ID (e.g., xyz5000) is their digital identity at the University that provides access to secure online resources and services to which they have been granted access. Students are automatically assigned a Penn State user ID when they apply for admission online.

Students will log in to secure University resources and applications such as lab computers, Penn State’s wireless network, Canvas, and LionPATH by entering their Penn State user ID followed by @psu.edu (e.g., xyz5000@psu.edu). Students will use their Penn State Account user ID and password to log in to secure University’s sites and services for as long as they’re affiliated with Penn State.

Settings within the Penn State Account, like passwords and personal information, can be changed or updated through the Account Management website. The Penn State Account user ID and password should not be confused with the student’s unique nine-digit PSU ID number (e.g., 912345678) that is part of their id+ card.

Wireless Access
> wireless.psu.edu

Wireless is available in most buildings on campus, housing commons buildings, and residence halls. For more information on how to connect to the Penn State IT-provided wireless networks visit wireless.psu.edu.

Protecting Your Student’s Identity and Data
> security.psu.edu/education-training

Penn State takes the security and privacy of your student's personal information seriously. Penn State IT uses robust processes and technologies to safeguard its data and systems to ensure they can only be accessed by authorized users. Students are required to enroll in multifactor authentication (MFA) to help protect their personal information, as well as sensitive and confidential Penn State resources and data. The University also provides information to students on how to protect themselves from phishing attacks, viruses, spyware, ransomware, identity and data theft, and other forms of cyberattacks.

Software at Penn State
> software.psu.edu

Software at Penn State provides students access to many software applications at discounted prices, including some at no cost such as Microsoft Office 365 and Adobe Creative Cloud. Discipline-specific apps such as Matlab, SAS, EndNote, SPSS, Qualtrics, and Esri are also available.

Penn State Student Systems

These Penn State systems are frequently used by Penn State students to navigate life on campus.

Canvas

Penn State’s online system for teaching and learning where students and professors can upload course materials and conduct online discussions

eLiving

On-campus housing portal, including roommate assignments and housing lottery process

LionPATH

Student information system to register for classes, check end of semester grades, and pay bills

Penn State Go

The official and all-in-one mobile app available to download in the Google Play Store and Apple App store

Starfish

Communication portal that gives students centralized access to advisers, instructors, and others who provide academic support
Athletics

Intercollegiate Athletics

The Penn State Abington intercollegiate athletic program is comprised of fourteen varsity teams.

Penn State Abington is an NCAA Division III member and sponsors non-scholarship, four-year athletic competitions within the United East Conference.

Please contact the athletic coaches directly through the website, abingtonsports.com.

Schedules and tryout dates are posted on the athletic website and in the Athletic Building.

NCAA Division III Teams

- Men's Baseball
- Women's Softball
- Men's Basketball
- Women's Basketball
- Men's Cross Country
- Women's Cross Country
- Men's Golf
- Men's Soccer
- Women's Soccer
- Men's Tennis
- Women's Tennis
- Men's Track and Field
- Women's Track and Field
- Women's Volleyball

Visit abingtonsports.com for more information.

Intramurals

imleagues.com/pennstateabington

Intramural sports provide individuals with the opportunity to participate in a variety of competitive and recreational sports activities. Any student, faculty, or staff member may participate. Offerings range from weekly leagues to one-day tournaments in activities such as basketball, cornhole, flag football, ping pong, and more.

Bookstore

psaubington.bncollege.com

Lares Building, ground floor

Students can find course books for all classes on the bookstore shelves throughout the term.

Bursar

abington.psu.edu/bursar

122A Sutherland Building

The Bursar Office is responsible for issuing tuition bills, processing payments, collecting balances owed to the University and ensuring students are well-informed regarding tuition, aid, and scholarships.

Career and Professional Development (CPD)

abington.psu.edu/cpd

205 Lares Building

The Career and Professional Development Center, located on the second floor of the Lares Building, provides a variety of career services, including skills, interests, and personality assessments; major and career exploration resources and counseling; and resume, cover letter, and other branding preparation. Career development staff help students plan for internships and co-ops while preparing them for the job search process.

CPD provides a range of career programming, including professional development workshops, dining etiquette, mock interviews, networking mixers, and large-scale career fairs each semester. Students also have access to the Nittany Lion Career Network, Penn State’s online listing of jobs, internships, and part-time opportunities.

Care and Advocacy

abington.psu.edu/student-care-advocacy

College life can be confusing and overwhelming, and sometimes you just need someone to help you sort things out. If you are facing an issue that is affecting your ability to succeed at Penn State Abington, you can get help from Student Care and Advocacy. No matter what your situation is, Student Care and Advocacy can provide the necessary tools and support to make difficult situations more manageable.

Counseling and Psychological Services (CAPS)

abington.psu.edu/caps

Cloverly Building

Counseling and Psychological Services is a place where students can get emotional support tailored to their individual needs. We want to help all students achieve maximum wellness, thrive, and move successfully along their academic journey. CAPS is committed to providing a welcoming environment that is inclusive and supportive of the emotional, intellectual, and social development of our diverse community.

Students can take the first step of a requesting a screening by contacting CAPS at abingtoncaps@psu.edu. Most students are scheduled for their initial screening within 48 business hours of contacting CAPS.

Diversity, Equity, and Inclusion (ODEI)

abington.psu.edu/cpd

115 Lares Building

The Office of Diversity, Equity, and Inclusion’s mission is to create an inclusive campus community where everyone feels welcome. ODEI works to expose students to individual and group experiences that help them form bonds of understanding and leadership.

ODEI strives to support students in their explorations of self-discovery, personal growth, assertiveness, awareness, advocacy, empowerment, social justice, and inclusion.

ODEI exposes students to experiences in a safe learning environment where they are honored and valued for their multiple identities.

Health and Wellness Center

abington.psu.edu/health-wellness

103 Lares Building

The Health and Wellness Center promotes the physical and emotional well-being of students by providing assessment and treatment of minor illness and injury; referrals to the Penn State Abington consulting physician, other physicians and specialists, urgent care centers, hospitals, and outside agencies as needed; health screenings, annual vaccine clinics, and student health insurance information; health education through free literature and health programs relevant to college students; and ongoing wellness programs.

For more information on Student Health Insurance, visit studentaffairs.psu.edu/health-wellness/health-insurance.

Student Engagement and Leadership (SEAL)

abington.psu.edu/seal

210 Lares Building

Student Engagement and Leadership supports the collegiate learning environment by offering co-curricular programs, resources, and experiences that encourage personal and professional development, service learning and civic engagement. SEAL aims to provide students and student organizations with an appreciation for diversity and a sense of belonging within the Penn State Abington community.

Community Service

SEAL provides a wide variety of opportunities to serve the community, sponsoring volunteer and service-learning opportunities on and off campus where students, faculty and staff work side by side in response to local and global community needs.
Student Organizations

Involvement in student organizations empowers students to get connected and explore their roles as leaders and advocates to become active and thriving members of the Penn State Abington community. Students can log in to the Penn State Abington Engage site at engage.abington.psu.edu to identify student organizations and events of interest—and meet other students. The Engage site is the one-stop shop for everything students need to get involved and become leaders.

Parking Permits

Types of Permits

Pink

Student off-campus commuter parking permits are only for first-year students and will be available on a first-come, first-served basis for a fee of $10. Parking permits are authorized for parking spots at Memorial Field and Rydal Executive Plaza during the fall and spring semesters.

Red

Lions Gate resident assistant permits will be issued for a fee of $30. Parking is authorized for parking spots at the Lions Gate student parking lot and on-campus student parking lots.

Yellow

Lions Gate sophomore, junior, and senior resident permits will be issued for a fee of $30. Parking is authorized for parking spots at the Lions Gate student parking lot and on-campus student parking lots.

Gold

First-year student-athlete permits will be issued for a fee of $30. This permit is for all first-year athletes no matter if you live at the Lions Gate Residence or you are a commuter. Parking is authorized for parking spots at the Lions Gate student parking lot (for Lions Gate residents only) and on campus in Athletic Building Lots H and J.

Additional Information

Students and employees can park for free at the Penn State @ 611 off-campus parking lot and utilize our shuttle service; however, these vehicles must be registered with the parking and transportation office.

State-issued persons with disabilities license plates, placards, etc., will be honored and allowed to park in spaces designated for the use of persons with disabilities; however, these vehicles must be registered with the parking and transportation office and pay the appropriate fees.

After 4:00 p.m. there are no permit restrictions on campus, but student and faculty/staff parking zone designations remain in effect throughout the fall and spring semesters. During the summer, any color permit allowed to park on campus any time.

You can obtain your parking permit in 117A Sutherland Building. Hours are Monday-Friday 8:00 a.m. - 3:30 p.m.

Policies

Parking permits must be displayed on the rearview mirror. If your vehicle's design prevents your from displaying your permit properly, please contact the parking office at ab-pts@psu.edu.

Multiple cars can be registered under your name, but only one permit will be issued per student, faculty, and staff.

You must re-register your car and receive a new parking permit when your current permit expires.

All persons with disabilities placards and license plates need to be registered with the parking office. Only vehicles bearing official persons with disabilities or disabled veteran license plates, or a persons with disabilities placard, may park in spaces designated for the use of persons with disabilities. Both the ADA placard and campus permit must be displayed. Medical permits are not authorization to use spaces designated for the use of persons with disabilities.

All parking regulations remain in effect, regardless of whether classes are in session. Vehicles parked in violation will be ticketed and/or towed at the owner's expense.
**HOUSING, FOOD SERVICES & RESIDENCE LIFE**

**Before Arrival**

Housing, Food Services, and Residence Life are excited to have your student join our on-campus community.

The Housing, Food Services, and Residence Life staff is committed to providing your student with an environment that is safe, secure, comfortable, and conducive to academic, personal, and social development. We promote the concept of community, in which each student is responsible for respecting neighbors’ rights. Within the framework of rights and responsibilities, the individual’s right to choose their own lifestyle is supported.

Our housing professionals provide a clean, well-maintained environment for students safety and well-being. Housekeeping services are provided seven days a week for public areas of the residence halls, including bathrooms and lounges. Maintenance and repairs are completed in a timely fashion.

Dining facilities are staffed with food service professionals who provide a variety of healthy, great-tasting food choices, including traditional favorites, vegetarian items, and quick service selections.

Assistant directors and coordinators of Residence Life are full-time professional employees available to provide residents with assistance in the transition to on-campus living. Resident assistants (RAs) are student leaders specially trained to help with questions and help build a sense of community among residents. RAs are available for information, assistance, programming, and other services.

**Before Arrival**

Visit our arrival website or the Arrival event in eLiving (eliving.psu.edu) on Tuesday, July 25 at noon. For most assignments, students will have the opportunity from then until Friday, August 4 at noon to exchange room assignments with another student. To request a Direct Room Exchange, log on to eLiving and click “Room Exchange eBoard” under the “My Info” section.

Direct Room Exchanges will also be available after arrival, beginning Tuesday, August 22 at noon through September 30 at noon.

**How do students schedule their move-in date and time?**

To shorten lines and spread out arrival traffic, students must sign up for a scheduled arrival time before they arrive. After viewing the room assignment in eLiving, click “Schedule Move-in” under the “My Info” section. Students can modify their scheduled arrival time as needed until their scheduled arrival date.

Students should also check in via eLiving up to 24 hours before their scheduled arrival time to sign for their key(s), receive access to the building, and see their mailbox information and other helpful details. Choose “Check-In” under the “My Info” section in eLiving to complete this step.

**What is available in student rooms?**

Each student will have a twin-size bed with an extra-long mattress (80” x 36”), desk and chair, closet, and chest of drawers. All rooms have a recycling can, blinds, an overhead light, and a smoke detector. All kitchens have a full-size stove, refrigerator, and microwave. Wi-Fi is available throughout Lions Gate.

View layouts of our student rooms at liveon.psu.edu/abington/housing/lions-gate-apartments.

**What items should students bring or not bring?**

Students should bring sheets (extra-long twin), pillows, towels, a blanket or bedsheets, bathroom supplies (including toilet paper), a computer, and other items that will help them feel at home. Students should check with their roommate before arrival to decide who brings which shared items, such as a TV, game system, small appliances, pots and pans, etc. Do not bring furniture or pets. Please refer to arrival.psu.edu/abington for more information about what to bring and what to leave behind.

**What amenities are provided in Lions Gate?**

Lions Gate offers laundry facilities, study lounges with innovation stations, and a micro market for access to snacks, beverages, and grab ’n’ go items.

Mail service is provided in the lobby. Students can pick up packages by showing their Penn State ID+ Card. Packages should not be shipped more than two weeks prior to the beginning of the semester. We recommend packages are insured and trackable to ensure proper delivery. All packages and deliveries should be addressed to the student’s official name using this campus address:

**ARRIVAL INFORMATION**

Learn about preparing for summer and fall arrival, including a list of items to bring, parking information, check-in locations, etc.

**Living on Campus**

Can students leave their belongings in their room between semesters and during breaks?

Students may leave their belongings in the apartments during fall break, semester break, and spring break if they will be returning to the same room after the break. Students are encouraged to take their valuables home with them during those breaks. There is no storage available during the summer session. The University recommends that students carry personal property insurance coverage for all their belongings, as the University is not responsible for lost, stolen, or damaged property. Before coming to campus, check to see if your family’s homeowner’s insurance policy covers students in residence halls. If your student is not covered, please consider purchasing renter’s insurance.

**Do staff members live in Lions Gate?**

Resident Assistants (RAs) and Residence Life Professional Staff live on site. An RA is an undergraduate student who has been carefully selected and specially trained to help your student transition to both campus housing and the Penn State community. RAs have responsibility for a wing or floor and are readily accessible to residents. During evening hours, students may also contact the RA on duty if a situation arises and their RA is not available.

Residence Life Professional Staff are full-time staff members trained in student development, safety and security, student conduct, and emergency response. As the supervisors of the RAs, staff are responsible for helping to create a positive community within the residence areas. A professional staff member is available to assist students at any time of the day or night.

**How will students get to know each other on the floor?**

The first opportunity to meet floormates will be at the house meeting the RA will host on arrival day. RAs will also sponsor a series...
of programs and activities throughout the semester that will give students a chance to get to know other individuals on their floor.

**How do students find out what activities are scheduled for residents?**

Residence life produces a newsletter that provides information about upcoming activities. RA's communicate regularly with students via email, text, and messaging apps. Students should check out bulletin boards on their floors. Staff will also post information about events on the digital signage in the lobby.

**What if my student has a roommate problem?**

The first person students should speak with is their roommate, who may not even realize that there is a concern. If that approach is uncomfortable or awkward, students should go directly to their RA for assistance in identifying the best approach. The RA can also be helpful in facilitating a discussion between roommates.

**Can students have guests in their room or apartment?**

Students are permitted to have guests in their room or apartment only if there is no objection from their roommate. At the beginning of the semester, roommates should discuss how they each feel about having guests. If there are any concerns about having guests of the opposite gender or overnight guests, it's important to share those preferences with each other. It's also a good idea for roommates to come to an agreement on times when guests will or will not be allowed. Overnight guests can stay for a maximum of three consecutive nights. Guests must always be escorted. Residents are not permitted to have overnight guests prior to the first day of classes. The guest policy may be revised at any time if required by health and safety guidelines.

**Is there security in the apartments?**

Lions Gate is equipped with an electronic, computerized, card-access system that utilizes your student’s id+ Card. Only residents of the building can gain access by swiping or tapping their physical or mobile id+ Card (idcard.psu.edu/mobile-id-card) at the card reader on the building. The system is operational 24 hours a day, seven days a week. Guests of residents may enter only by accompanying the host resident, who will escort the guest to their room. Only the host resident or a staff member may open the entrance door for the guest and must always escort the guest throughout the building.

All apartments and bedrooms have a locking door. Students should always keep their apartment door locked, even when making a short trip to the laundry. If a student misplaces their key, a replacement key may be obtained at the Housing and Food Services Office. The replacement key may be used for two hours. If a key is lost, the student will be charged to have the lock changed and a new key issued.

**How does my student sign up to LiveOn at Lions Gate for 2024-2025?**

Current students will have the opportunity to request housing for future years beginning in October. Log on to eLiving and choose “Request Housing” under the “Contracts” section. Visit liveon.psu.edu/abington/request-housing for more information.

**What is LionCash?**

LionCash is Penn State’s prepaid spending account. It is a safe and easy way for students to make purchases on campus and around town. LionCash provides special discounts offered exclusively to LionCash users and is accepted at both on and off-campus locations, including on-campus printing, vending, laundry, and copier machines. LionCash is the only accepted payment method for on-campus laundry facilities. To activate a LionCash account, simply make an initial deposit—there are no fees to use the account and balances carry over from semester to semester and from year to year. Upon graduation or withdrawal, students may request a refund for the balance remaining in their account.

**How can I deposit money into my student’s LionCash account?**

Family and friends may deposit funds into a student’s LionCash account online at idcard.psu.edu with MasterCard or Visa. Deposits are processed as a standard purchase, not a cash advance, and are processed in real time so funds are immediately available. Students can also manage their LionCash on this site. On a secure server, students can check their account balances, review and email their transaction history, and deactivate a lost or stolen id+ Card. Students may also subscribe to our monthly LionCash newsletter, which provides updates on new program features, new merchant locations, and special LionCash discounts. Students working on campus may also elect to sign up for payroll deductions into their LionCash account.

**What should students do if they lose their physical id+ card or mobile credential device?**

If a student’s physical id+ card or mobile device has been lost or stolen, they should immediately deactivate it online at idcard.psu.edu or in person at Housing and Food Services Office. Deactivating the card will suspend building access, LionCash account access, and fitness membership access (if applicable). If the card is found prior to a replacement id+ Card being issued, it may be reactivated online within 7 days of being deactivated or at the Housing and Food Service Office. For IDs not recovered, a new id+ card may be obtained at the current replacement fee. New or replacement IDs will be active immediately for building and LionCash account access.
ABOUT LIONS GATE

Lions Gate, Penn State Abington’s student apartment community, is a modern, five-story complex located in the heart of Abington Township.

As a Lions Gate resident, you'll have the opportunity to become a part of a close-knit campus community where you’ll get a taste of living on your own—while benefiting from the support of housing and residence life staff who are committed to providing a safe, secure, and comfortable living experience.

Rooms
¬ Nearly 100 furnished apartment-style units that serve as home to 400 students
¬ Single- and double-occupancy bedrooms
¬ Each unit is equipped with a full kitchen, bathroom, and plenty of amenities, including free Wi-Fi access

Common Areas
¬ Study pods and knowledge stations (areas for individual and group study, with tech connectivity)
¬ Group lounges
¬ Seminar learning spaces
¬ Laundry facility

Staff
¬ Two full-time professional live-in staff members, plus additional professional and paraprofessional staff
¬ Ten student resident assistants
¬ Residents are eligible for additional on-site employment and leadership opportunities

GETTING AROUND

Pedestrian Friendly
With sidewalks and signage to help guide the way, Lions Gate is a safe, 15-minute walk to campus.

Plus, Abington is home to a variety of restaurants, gyms, a community library, and more. You’ll find those, plus popular stores like Bed Bath & Beyond, Trader Joe’s, Walgreens, and Wawa—all within walking distance.

If you like to bike, racks are stationed at Lions Gate, on campus, and around town.

Campus Shuttles
Need a ride? We have you covered. Shuttles run continuously between Lions Gate and campus throughout the day.

Public Transportation
For farther destinations, consider SEPTA, the region’s public transportation provider.

¬ Hop on a bus—covering one of the largest routes in the area—at the stop just outside Lions Gate
¬ Catch a train to Philadelphia at the regional rail station a few blocks down the road
LIVING AND LEARNING COMMUNITIES (LLCs)
LLCs are year-long programs for students who share similar interests, academic, and personal goals to grow— together. As a participant, you’ll live alongside your peers in a contiguous block of rooms within Lions Gate, and can participate in special academic and social opportunities developed by Penn State Abington’s faculty and staff.

FirstGen
A first-generation student is a college student whose parents/guardians have not obtained a degree from a four-year college or university in the United States.

Being among the “first” can be the most exciting—and most challenging—time in your academic career. By joining the FirstGen community, you’ll discover

▸ a supportive environment where students—like you—can connect and share their diverse backgrounds and learning experiences
▸ resources for academic and personal development
▸ strategies for self-advocacy and overall success

Global Village
Did you know that ten percent of Penn State Abington students are international students, and that they come from more than thirty countries worldwide?

As a member of the Global Village community, you’ll live alongside students who share an interest in global and local perspectives as you

▸ build meaningful intercultural relationships through the exploration of cultures, beliefs, and ideas in a supportive environment
▸ engage with clubs and organizations, intercultural events, and service projects in local communities
▸ participate in programming supporting the United Nations’ seventeen Sustainable Development Goals (SDGs), a global blueprint for peace, prosperity, and an end to poverty and other deprivations
> Student Rights and Responsibilities
> Smart and Safe at State
> Alcohol and Drug Laws
> Immunization and Insurance
STUDENT RIGHTS AND RESPONSIBILITIES

Office of Student Accountability and Conflict Response

The Office of Student Accountability and Conflict Response (OSACR) works to uphold community and university standards through compassionate interventions in which student are heard, respected, and treated with dignity. These students, including student organization leaders, have the developmental opportunity to participate in fair and impartial resolution processes which encourage personal accountability and responsible decision-making; promote reflection and restoration; and reduce and prevent behavior which undermines student success and community safety.

Student Code of Conduct

OSACR is responsible for the oversight and implementation of the Student Code of Conduct and related written procedures. The Code outlines community standards for student behavior, both on- and off-campus, while the written procedures explain how alleged violations of the Code are managed within the Student Conduct process.

When a student or student organization is named in a report and/or participates in a resolution process, a record is created and maintained by OSACR. For more information regarding the maintenance and distribution of Conduct records visit studentaffairs.psu.edu/studentaccountability/code-procedures/informationstudents-student-records.

In addition to managing formal allegations of misconduct, the OSACR also offers a wide-range of Adaptable Resolutions and Conflict Response options. For more information about these resolution option, visit studentaffairs.psu.edu/student-accountability/code-procedures/adaptable-resolutions.

Parent and Family Notification Policy

Under the Family Educational Rights and Privacy Act (FERPA), colleges and universities are afforded certain liberties relative to notifying parents or guardians of information concerning their student. In order to involve students’ families in the total educational experience of the student and to facilitate communication between students and their parents/legal guardians. OSACR has established a notification and disclosure policy. The goals of this policy are:

- To clarify when notification and/or disclosure may be appropriate.
- To partner with families in support of their student.
- To identify additional supportive points of intervention for students.

When a dependent student accepts responsibility for a violation or is found in violation of the Code, a notification letter will typically be sent to their parent or guardian in the following circumstances:

- There was a "Substance Use Misconduct" violation and the student is under 21.
- The Action Plan includes Suspension, Expulsion, and/or Loss of Housing (including those administrative sanctions issues in a conditional status).

This letter summarizes the outcome of the process and lists the official University violation(s) and outcomes. It is recommended that the first response to receiving this letter is initiating a conversation with your student. Follow-up questions can then be directed to the case manager in OSACR.

Absent unusual circumstances which qualify as an exception to FERPA, the University does not notify parents and/or guardians of students who are not dependent students.

For more information regarding Parent and Family Notification and Disclosure visit studentaffairs.psu.edu/student-accountability/resources-and-faqs/information-families.

Pennsylvania’s Antihazing Law

In 2018, Pennsylvania adopted the Timothy J. Piazza Antihazing Law which:

- Establishes a tiered penalty with stricter punishments for hazing (including felony-level violations)
- Holds individuals and organizations accountable for hazing
- Requires schools to publish anti-hazing policies and publicly report hazing violations universityethics.psu.edu

To the extent possible, any student, organization, faculty or staff member, contractor, or volunteer of the University will be held accountable for hazing-related violations both by the University and by the appropriate law enforcement agency. Any allegations of hazing should be reported to the University’s Office of Ethics and Compliance or the Office of Student Accountability and Conflict Response, in addition to the police.

The Timothy J. Piazza Antihazing Law, in addition to Pennsylvania’s medical amnesty law, provide immunity from prosecution when a student seeks help for themselves or others who need medical attention. See PG 31 for more detail on when medical amnesty applies. Students who seek help may also avoid formal student conduct action under the Penn State Responsible Action Protocol. For more information regarding medical amnesty and the University’s Responsible Action Protocol visit studentaffairs.psu.edu/health-wellness/alcoholamnesty.

Academic Integrity at Penn State

Academic integrity is a basic guiding principle for all academic activity at Penn State, and all members of the University community are expected to act in accordance with this principle. Academic misconduct includes, but is not limited to, copying, plagiarism, fabrication of information or citations, facilitation of acts of academic misconduct by others, unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, and tampering with the academic work of other students.
Pennsylvania's Medical Amnesty Law

Pennsylvania law provides immunity from prosecution for underage drinking and/or hazing for an individual who seeks help for a friend who has a medical emergency due to underage alcohol consumption or hazing. The immunity also applies to the friend for whom medical assistance was sought. When a person is in violation of underage drinking or hazing laws and calls 911 to get help for a peer who needs immediate medical attention due to excessive alcohol consumption or hazing, the caller and the peer for whom assistance was sought will not be charged with underage drinking or hazing. When a person is in violation of underage drinking or hazing, the immunity also applies to the friend for whom medical assistance was sought. When a person is in violation of underage drinking or hazing, the immunity also applies to the friend for whom medical assistance was sought. When a person is in violation of underage drinking or hazing, the immunity also applies to the friend for whom medical assistance was sought.

- The person was in need of immediate medical attention to prevent death or serious injury;
- The person correctly identified themselves by name when reporting the emergency;
- The person remained with the individual needing medical assistance until emergency services arrived.

Emergency Protocol: Alcohol and other Drugs

A student who takes the initiative to get assistance by notifying the appropriate authorities (e.g., calling 911, alerting a resident assistant, or contacting police) AND meets one or more of the criteria below, will typically not be subject to student conduct action for their own use or possession of alcohol or other drugs. The student will, however, be required to complete an appropriate alcohol or drug related educational intervention; any associated fees will be waived. This protocol may be appropriate when:

- A student seeks medical assistance for themselves when experiencing an alcohol or drug overdose, or related problems.
- A student seeks medical assistance for a peer experiencing an alcohol or drug overdose, or related problems, AND remains with that peer until the appropriate authorities arrive.
- A student seeking an alcohol or drug overdose, or related problems, for whom another student seeks assistance.

Students who are, or know someone who is, struggling with substance misuse are encouraged to access resources and support available through Counseling and Psychological Services (CAPS) and the Health and Wellness Center.

Emergency Protocol: Hazing

A student who takes the initiative to get assistance by notifying the appropriate authorities (e.g., calling 911, alerting a resident assistant, or contacting police) AND meets the criteria below, will typically not be subject to student conduct action for hazing. The student will, however, be required to complete appropriate educational interventions to prevent the recurrence of the reported behavior. This protocol may be appropriate when:

- A student seeks medical assistance for a peer based on a reasonable belief that the person was in need of immediate medical attention to prevent death or serious injury;
- The student provides their name; and
- The student remains with that peer until the appropriate authorities arrive.

At all times, students are encouraged to notify the University as soon as possible when they become aware that hazing has, or may, occur. Reports can be filed with the Office of Student Accountability and Conflict Response, or submitted anonymously to the Office of Ethics and Compliance.

Reporting Sexual Misconduct Protocol

A student who makes a report to the University or other appropriate authority (e.g., law enforcement) about experiencing sexual misconduct, or is reporting the experience of another, will typically not be subject to student conduct action related to their own possession or consumption of alcohol or other drugs in connection with the reported incident. As appropriate, involved students may be required to complete an educational intervention to address concerns about the student's substance use; any associated fees will be waived.

At all times, students are encouraged to notify the university as soon as possible when they become aware that sexual misconduct has, or may, occur. Reports can be filed with the Office of Sexual Misconduct Prevention and Response, or submitted anonymously to the Office of Ethics and Compliance.

When student exhibits a pattern of problematic and/or high-risk behavior, or when the behavior involves other serious alleged violations of the Student Code of Conduct, the University may determine it is appropriate to initiate formal student conduct action in lieu of, or in addition to, these protocols.
OFFICE OF SEXUAL MISCONDUCT PREVENTION AND RESPONSE

Penn State is committed to providing an environment that is free from discrimination or harassment based on sex or gender. Resources are available to members of the University community to provide a prompt and effective response when such incidents occur. Behaviors that fall under policy AD-85 Title IX Sexual Harassment and AD-91 Discrimination and Harassment and Related Inappropriate Conduct include:

- **Gender-based Harassment**
  - Behavior consisting of physical or verbal conduct based on gender, sexual orientation, gender-stereotyping, perceived gender, or gender identity

- **Sexual Harassment**
  - Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature

- **Sexual Misconduct**
  - Rape, sexual assault, sexual battery, sexual exploitation, and other forms of non-consensual sexual activity

- **Stalking**
  - Repeatedly following, harassing, threatening, or intimidating including by telephone, mail, electronic communication, or social media

- **Dating Violence**
  - May include physical, emotional, verbal, and/or economic abuse

- **Domestic Violence**
  - May include physical, emotional, verbal, and/or economic abuse

- **Retaliation**
  - Adverse employment, academic, or other actions against anyone reporting or participating in an investigation of Title IX allegations

*These are intended to serve as representative examples. For the full definitions of prohibited conduct and consent, and more information about reporting options and amnesty, please refer to the relevant policy.

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## Amnesty

Penn State offers confidential and non-confidential reporting options for those who have become a victim of sexual harassment, sexual assault, dating violence, or stalking. The University strongly encourages students to report incidents violating this policy. Therefore, students who act responsibly by reporting information about sexual and/or gender-based harassment or misconduct typically will not face University disciplinary action for their own drug or alcohol possession or consumption in connection with the reported incident.

## Consent

Any sexual contact that occurs without consent violates Penn State’s policy. Consent is a knowing, voluntary, and a mutual decision among all participants to engage in sexual activity. Consent must be informed, freely given, and mutual.

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### Reporting Options

Penn State offers a variety of confidential and non-confidential reporting options if you or a friend is the victim of sexual and gender-based harassment or sexual misconduct.

Student survivors, witnesses, and bystanders who report, in good faith, any incident of sexual assault, dating or domestic violence, or stalking will NOT be charged with an alcohol or drug violation of the Student Code of Conduct.

#### Reporting Options (Confidential)

Want to learn more about campus, community, and University resources?
- titleix.psu.edu

#### Reporting Options (Non-Confidential)

- **Local Law Enforcement**
  - 911
- **OSMPR**
  - Gina D'Amato-Kaufman
gxd22@psu.edu
  - Mary Ellen Glick
mpg5645@psu.edu
  - titleix.psu.edu
- **Student Conduct**
  - Keisha Johnson
klj30@psu.edu
- **University Police**
  - 215-881-7575
  - police.psu.edu

### Activates Campus Response:
The Title IX coordinator oversees the University response, which includes providing resource information and discussion of procedural options.

### Accommodations/Interim remedies may be taken, including:

- A no-contact order, classroom and housing adjustments, access to on-and-off campus support services

OSMPR may conduct an investigation or resolve the matter through an informal process. The University will review all relevant information and determine if the behavior violates the University's Code of Conduct.

Learn more about campus, community, and University resources at titleix.psu.edu
Talking with your Student about Alcohol

Students preparing to attend college have already taken several steps toward independence. Deciding where to go to college, what career path to pursue, and how to finance an education are all choices on the path to learning how to be an adult. College students still need and value their family’s guidance as they make decisions about their future. One of those decisions is about alcohol use at college and parents and family members are one of the best sources of advice on the issue.

Based on national research about college student drinking, many new students are likely to begin or increase alcohol use during the first six weeks. Even students who did not drink in high school may feel pressure to do so in college. Talk with your student about avoiding underage drinking while in college. Research suggests that students who talk with their parents and families about alcohol avoidance strategies before they begin the first year of college are more likely to avoid alcohol, limit its use, and spend less time with heavy-drinking peers.

Facts about Alcohol Use Among College Students

**National**
- 31% of college students meet the criteria for a diagnosis of alcohol abuse
- 1,825 college students between the ages of 18 and 24 die each year from alcohol-related injuries
- 599,000 experience a non-fatal, unintentional injury under the influence of alcohol
- 97,000 students are victims of alcohol-related sexual assault or rape each year

**Penn State**
- 48% report engaging in high-risk drinking*
- 73% had to babysit a student who drank too much
- 9% have been a victim of an unwanted sexual experience
- 59% report blacking out at least once in the last year
- 26% report getting behind in school work due to alcohol use

*Risk behaviors include:
- Underage drinking
- Drinking (pre-gaming) before going out
- Chugging alcohol, doing shots, and drinking games
- Choosing drinks with a higher alcohol concentration

**Warning Signs of a Potential Problem:**
- Missing work, school, or other responsibilities
- Specific school problems such as poor attendance, low grades, and/or disciplinary action
- Drinking in physically dangerous situations, including drinking and driving
- Having recurring alcohol-related legal problems, such as being arrested for underage drinking or for physically hurting someone while drunk
- Mood changes such as temper flareups, irritability, and defensiveness
- Physical or mental problems such as memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech

How You Can Help

Penn State has a wide range of initiatives in place to better understand, treat, and diminish the negative impact that dangerous drinking can have on students and their potential for success. As a parent, you also play a role in helping your student make good choices about drinking. Your influence can have a positive impact on your student’s safety, health, and well-being.

**Start the Conversation**

When talking with your student about alcohol, look for opportunities to raise the topic naturally. Discussions about majors and course selection can lead to a conversation about the ways alcohol can disrupt academic success and career options. Buying items for your student’s residence hall room can turn into talking about how to handle situations where alcohol use by other students might create a problem, such as interrupted study time, babysitting a drunk roommate, or unwanted sexual advances.

Familiarize yourself with how alcohol affects the body and brain of young adults. Take some time to evaluate your attitudes, values, and beliefs about alcohol and drinking. Establish open communication to make it easy for your student to talk honestly with you. Show your student that you care about their success in college, both academically and socially.

**Risky Behaviors Include:**
- How alcohol affects the body and negative consequences of high-risk drinking
- Your expectations around alcohol use
- Why students drink or don’t drink
- Alternate activities
- Impact of drinking on health, academics, and future success
- Penn State’s alcohol policy
- Pennsylvania’s alcohol laws
- Penn State’s Code of Conduct
- Penn State’s Responsible Action Protocol

**Your Role**

Understand Penn State’s parent and family notification policy, make sure your student completes Penn State Safe and Aware, the online learning module, and encourage conversations by asking nonjudgmental and open-ended questions. This allows your student the opportunity to express how they think and feel about college pressures, being away from home, and facing new situations. Below are some conversation starters for discussing issues your student may face.

**Conversation Starters**
- How will you decide whether or not to drink?
- How will you handle it if you feel pressure to drink? What will you say?
- If a friend drinks excessively and the partying affects your sleep and studying, what will you do?
- What will you do if a friend you are with passes out because of excessive drinking?
- How will you handle it if you are asked to babysit someone who is very drunk?

**Stay Connected After Your Student Begins College**
- Stay involved with your student’s life
- Call your student frequently during the first six weeks of college, especially on weekends
- Ask questions about your student’s alcohol use
- Learn about your student’s new friends
- Encourage your student to get involved in activities and organizations on campus

**Sources:**
Penn State Safe and Aware
> https://safeaware.psu.edu

Penn State Safe and Aware is an interactive, online learning module that incoming students are required to complete before arriving to campus. The module provides information about alcohol, the alcohol laws in Pennsylvania, and Penn State’s alcohol and drug policy. It also includes information about sexual assault, the sexual violence laws in Pennsylvania, and Penn State’s resources for victims of sexual violence.

Students should complete Penn State Safe and Aware by:
• June 28, 2023 (summer students)
• August 21, 2023 (fall students)
• January 8, 2024 (spring students)

Explore the family version at https://parents.safeaware.psu.edu.

ALCOHOL LAWS IN PENNSYLVANIA

This is a general summary of several alcohol laws in Pennsylvania. For more details about each law and information about additional alcohol laws, visit the website above.

Underage Drinking
The legal drinking age is 21. Underage drinking is illegal. It is illegal for anyone under 21 years of age to attempt to purchase, consume, possess, or knowingly and intentionally transport any liquor, malt, or brewed beverage. Penalties may include:

<table>
<thead>
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<th>Fine</th>
<th>Jail</th>
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<td>0 - 90 Days</td>
</tr>
<tr>
<td>2nd Offense</td>
<td>0 - $1000</td>
<td>0 - 90 Days</td>
</tr>
<tr>
<td>Additional Offenses</td>
<td>0 - $1000</td>
<td>0 - 90 Days</td>
</tr>
</tbody>
</table>

Carrying False I.D.
It is illegal for anyone under 21 to possess an identification card falsely identifying that person by name, age, date of birth, or photograph as being 21 or older or obtain or attempt to obtain liquor, malt, or brewed beverage by using the identification card of another or by using an identification card that has not been lawfully issued to or in the name of the person who possesses the card.

<table>
<thead>
<tr>
<th>Penalty</th>
<th>Fine</th>
<th>Jail</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Offense</td>
<td>0 - $300</td>
<td>0 - 90 Days</td>
</tr>
<tr>
<td>2nd Offense</td>
<td>0 - $500</td>
<td>0 - 1 Year</td>
</tr>
<tr>
<td>Additional Offenses</td>
<td>0 - $500</td>
<td>0 - 1 Year</td>
</tr>
</tbody>
</table>

Public Drunkenness
It is illegal to appear in any public place under the influence of alcohol to the degree that you may endanger yourself or other persons or property, or annoy others in your vicinity.

<table>
<thead>
<tr>
<th>Penalty</th>
<th>Fine</th>
<th>Jail</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Offense</td>
<td>0 - $500</td>
<td>0 - 90 Days</td>
</tr>
<tr>
<td>2nd Offense</td>
<td>0 - $1000</td>
<td>0 - 90 Days</td>
</tr>
<tr>
<td>Additional Offenses</td>
<td>0 - $1000</td>
<td>0 - 90 Days</td>
</tr>
</tbody>
</table>

Driving Under the Influence (DUI)
It is illegal for anyone under 21 to drive a vehicle with a blood alcohol content of .02 or higher, and it is illegal for those 21 or older to drive with a blood alcohol content of .08 or higher. A first-time offense individual, under certain circumstances, may qualify for an Accelerated Rehabilitative Disposition (ARD) program.

The following penalties may apply if a person between the ages of 18 and 21 is convicted of a DUI with a blood alcohol content below .16%

<table>
<thead>
<tr>
<th>1st Offense</th>
<th>Fine</th>
<th>Jail</th>
<th>License Suspension</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$500 - $5,000</td>
<td>48 Hours - 6 Months</td>
<td>1 Year</td>
<td>Alcohol Highway Safety School</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Court Reporting Network File</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2nd Offense</th>
<th>Fine</th>
<th>Jail</th>
<th>License Suspension</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$750 - $5,000</td>
<td>30 Days - 6 Months</td>
<td>1 Year</td>
<td>Alcohol Highway Safety School</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Court Reporting Network File</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3rd Offense</th>
<th>Fine</th>
<th>Jail</th>
<th>License Suspension</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$1,500 - $10,000</td>
<td>90 Days - 1 Year</td>
<td>1.5 Years</td>
<td>Court Reporting Network File</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Drug &amp; Alcohol Evaluation</td>
</tr>
</tbody>
</table>

*Penalties differ based on age, blood alcohol content, and other factors. Penalties vary for individuals under 18.

*If a student is from a state other than PA and the home state is part of the national compact on DUI enforcement (46 states are), the student must fulfill these penalties in PA and his/her license from the home state will be suspended, if applicable.
**Furnishing Alcohol to Minors**

It is illegal to knowingly sell, furnish, or purchase with the intent to sell or furnish, any liquor, malt, or brewed beverage to a person who is less than 21 years of age. You can be convicted of furnishing alcohol even if you are under age 21. The fine for a first offense is at least $1,000 and the second or more is $2,500. Jail is up to one year for all.

**Public Urination & Defecation Ordinance**

It is illegal to urinate or defecate in/on a public place, private property where the public is admitted, and private property without consent of the owner. It is illegal to urinate or defecate in any public place other than in an appropriate sanitary facility and a separate offense to fail to clean, remove, or dispose of it properly. Violations are summary offenses with a fine of not less than $750 for the first offense and $1,000 for any subsequent offense plus court costs for each violation.

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**MARIJUANA LAWS**

**Possession of Marijuana**

It is unlawful for a person to knowingly, or intentionally possess marijuana (Hashish), a Schedule I substance.

Persons engaged in such activity will most likely face criminal charges and a violation of the Student Code of Conduct. The charges for marijuana possession include:

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Charge</th>
<th>Jail Time</th>
<th>Fine</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 Grams or Less</td>
<td>Misdemeanor</td>
<td>30 Days</td>
<td>0 - $500</td>
</tr>
<tr>
<td>Over 30 Grams</td>
<td>Misdemeanor</td>
<td>1 Year</td>
<td>0 - $5,000</td>
</tr>
</tbody>
</table>

**Possession of Drug Paraphernalia**

It is unlawful for a person to use or possess, with the intent to use, drug paraphernalia that is used for packaging, manufacturing, injecting, ingesting, inhaling, or otherwise introducing into the human body a controlled substance in violation of the Controlled Substances, Drugs, Device and Cosmetic Act of 1972.

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**Pennsylvania's Medical Marijuana Act**

Pennsylvania’s Medical Marijuana Act went into effect on May 17, 2016. However, marijuana in any form remains a prohibited controlled substance under federal law, and therefore the possession, cultivation, and use by individuals remain illegal under federal law. The Pennsylvania Medical Marijuana Act conflicts with federal criminal laws governing controlled substances, as well as federal laws requiring institutions receiving federal funds, by grant or contract, to maintain drug-free campuses and workplaces. Penn State receives federal funding that would be in jeopardy if those federal laws did not take precedence over state law. Therefore, the use and/or possession by individuals of marijuana in any form and for any purpose continues to violate applicable University policies, and any student or employee who violates such policies will be subject to disciplinary sanctions.
IMMUNIZATION & HEALTH HISTORY RECORDS

All incoming Penn State students must provide proof of immunization against **measles, mumps, and rubella**. In accordance with Pennsylvania state law, students living in on-campus housing must also provide proof of the **meningococcal conjugate vaccine** (Menveo, Menactra, MCV4, MenQuadfi), which protects against infections caused by serogroups A, C, W, and Y.

Some students, such as student-athletes or students in certain health-related majors may be asked to submit additional immunization information. These students must also submit official immunization records using the process below.

**How to Submit**

- **https://studentaffairs.psu.edu/health-wellness/medical-services/immunizations**

Students should log into myUHS using their Penn State access credentials, enter their required vaccination dates and upload a copy of their official immunization records and, if applicable, any positive antibody blood test results (titers). All immunization records must be in English.

Other Recommended Vaccines

In addition to the required vaccines, Penn State also strongly recommends that students receive the following vaccines:

- Serogroup B meningococcal
- Varicella (chickenpox)
- Tetanus-diphtheria-pertussis (Tdap)
- Hepatitis B
- Hepatitis A
- Human papillomavirus (HPV)
- Pneumococcal
- Annual influenza (flu) vaccine
- COVID-19 vaccines

UHS provides vaccinations for students by appointment and by offering clinics. Students are also encouraged to complete the online health history in myUHS.

STUDENT HEALTH INSURANCE

- **https://studentaffairs.psu.edu/health-wellness/health-insurance**

Adequate health insurance provides students with security and an enhanced sense of well-being during their time at Penn State. For this reason, the University requires all international students to have health insurance and strongly recommends that all U.S. students have health insurance coverage that is accepted by providers on or near the campus they attend.

Each year, students are required to submit health insurance coverage through LionPATH. If your student does not currently have adequate coverage, we highly encourage them to enroll in the Student Health Insurance Plan (SHIP) for Penn State. The SHIP for Penn State is designed specifically for students and offers comprehensive health insurance at a competitive price with a wide network of providers across the United States.

Penn State recognizes that financial insecurity has a detrimental impact on both a student’s academic performance and their overall health. With that in mind, Student Health Insurance has collaborated with the Office of Student Care and Advocacy (**studentaffairs.psu.edu/studentcare**) to help more adequately address student needs related to health insurance coverage and other financial concerns. If your student is currently uninsured or needs help securing basic needs (food, housing, etc.) as a U.S. citizen or permanent resident, complete the Basic Needs Assistance Request Form at **studentaffairs.psu.edu/basic-needs-support**.