

# PROFESSIONAL INTERNSHIPS



PennState  
Abington

## Rehabilitative and Human Services

### WHAT IS AN INTERNSHIP?

An internship is a form of experiential learning that integrates knowledge and theory learned in the classroom with practical application and skills development in a professional setting. Internships give students the opportunity to gain valuable applied experience and make connections in professional fields they are considering for career paths; and give employers the opportunity to guide and evaluate talent.

-NACE

### WHO IS ELIGIBLE TO PARTICIPATE IN THE REHABILITATIVE AND HUMAN SERVICES INTERNSHIP PROGRAM?

All students majoring in Rehabilitation and Human Services must complete a required internship (RHS 495A). Students must have a minimum 2.0 GPA and have completed all 105 credits of required coursework to qualify for an internship.

### WHEN SHOULD I APPLY FOR THE INTERNSHIP?

We encourage students to begin searching for an internship at least one semester or 4-6 months prior to needing the internship.

### WHEN WILL THE INTERNSHIP TAKE PLACE?

You can begin your internship once it is approved by your faculty advisor, is officially registered on LionPath, and you and your site supervisor agree on a start date.

### HOW MANY ACADEMIC CREDITS AND HOURS ARE INVOLVED?

Students will earn 12 credits and must complete 480 hours during the semester they are interning.

### WHAT IS AN APPROPRIATE INTERNSHIP SITE?

Internships must take place in a professional setting, under direct supervision. Internship site supervisors must have an advanced degree, and experience in the specific field of study.

### IS THIS THE ONLY INTERNSHIP I SHOULD COMPLETE WHILE I'M IN COLLEGE?

No, students are encouraged to experience more than one internship during college. Talk to your counselor to discuss your options.

### INTERNSHIP DEADLINES

Fall : Early June  
Spring: Early November  
Summer: Mid April

Please refer to the RHS  
site for specific dates

### IMPORTANT CONTACTS

### CAREER & PROFESSIONAL DEVELOPMENT



215-881-7512



internships-ab  
@psu.edu



abington.psu.edu/  
career-development

### REHABILITATIVE AND HUMAN SERVICES DEPARTMENT

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# Finding an Internship

## TOOLS, RESOURCES, AND EVENTS

- <https://www.abington.psu.edu/campus-life/careers/students-alumni/online-career-tools>
- Career Guide
- Nittany Lion Careers
- GoinGlobal
- Interviewing.com
- Campus Philly
- Internships.com
- Employer Websites
- Career Fairs
- Networking
- Professional Associations

## ADDITIONAL INFORMATION

[abington.psu.edu/campus-life/careers](https://www.abington.psu.edu/campus-life/careers)

## GETTING STARTED

### Step 1: Prepare

- Begin the internship planning process no later than **one semester before** the internship.
- Work with a career counselor to prepare your resume, cover letter, and references.
- Attend an Internship Planning Workshop to learn the process for registering an internship for academic credit.
- Meet with your faculty advisor to determine your eligibility to complete a required internship.
- Prepare for interviews by using Interviewing.com and/or participating in a mock interview with a career counselor.

### Step 2: Conduct an Internship Search

- Utilize the tools, resources, and events to the left to conduct a comprehensive internship search.
- Meet with a counselor to obtain a listing of established internship sites for your major.

### Step 3: Secure and Register Your Internship for Credit

- Accept an internship offer.
- Submit an internship application with the RHS department:  
<https://www.abington.psu.edu/academics/rehabilitation-human-services/rhs-internship/rhs-internships-roles-and-responsibilities/rhs-internship/rhs-internship-application>.

## NEXT STEPS

- Once approved, your internship will appear on your roster in LionPath.
- Report to your internship site on the date established by your site supervisor.

## SEEK ASSISTANCE EARLY & OFTEN!

The staff in Career & Professional Development are here to help you succeed, please reach out early and often for help during this process.

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